My own memories of sports lessons at school aren't particularly good, but that's mainly because of the type of school I went to. It was very (1) ... (COMMON) by British standards, with old-fashioned ways of teaching, and the headteacher didn't really think sports mattered at all. The school rarely organised sports events and never invested in sports equipment. There was very little emphasis on the importance of eating (2) ... (SENSE) and the benefits of keeping fit and exercising properly. I believe that issues like (3) ... (OBESE), anorexia, the nutritional value of food, etc. should be included in sports lessons at school. Children should be (4) ... (COURAGE) by teachers to take part in (5) ... (COMPETE) sports. Winning at sports can build up your self-esteem and confidence. On the other hand, since you can't expect to win every time, sports can also teach you how to be humble and (6) ... (REALIST).

Прочитайте текст. От приведенного в скобке (4) слова образуйте ОДНОКОРЕННОЕ слово таким образом, чтобы оно грамматически и лексически соответствовало содержанию текста. Заполните пропуск (4). Помните, что заданную форму слова необходимо изменить.